



## 8. Werraenergie Pleßlauf

Breitungen / 21.08.2011

### Detailed evaluation

**Kitzing, Susanne**

Club: Orgalauf

Number: 1011

Course: 10.50 km

10,5 km-Lauf

Category:

Frauen W45

Total time: 1:28:47

Speed: 6.76 km/h

Running performance: 8:28 min/km

Rank in course/Total: 117 (of 117)

Rank in course/Women: 28 (of 28)

Best time in course: 44:25

Rank in category: 12(of 12)

Best time in the category: 50:55