



8. Werraenergie Pleßlauf

Breitungen / 21.08.2011

Detailed evaluation

Kuhn, Ines

Club: Orgalauf

Number: 1014

Course: 10.50 km

10,5 km-Lauf

Category:

Frauen W45

Total time: 57:30

Speed: 10.43 km/h

Running performance: 5:29 min/km

Rank in course/Total: 69 (of 117)

Rank in course/Women: 9 (of 28)

Best time in course: 44:25

Rank in category: 2(of 12)

Best time in the category: 50:55