



8. Werraenergie Pleßlauf

Breitungen / 21.08.2011

Detailed evaluation

Poller, Evelyn

Club: Orgalauf

Number: 1017

Course: 10.50 km

10,5 km-Lauf

Category:

Frauen W45

Total time: 1:08:15

Speed: 8.79 km/h

Running performance: 6:30 min/km

Rank in course/Total: 110 (of 117)

Rank in course/Women: 23 (of 28)

Best time in course: 44:25

Rank in category: 10(of 12)

Best time in the category: 50:55