



8. Werraenergie Pleßlauf

Breitungen / 21.08.2011

Detailed evaluation

Poller, Peter

Club: Orgalauf

Number: 1018

Course: 10.50 km

10,5 km-Lauf

Category:

Männer M45

Total time: 1:08:15

Speed: 8.79 km/h

Running performance: 6:30 min/km

Rank in course/Total: 111 (of 117)

Rank in course/Men: 88 (of 89)

Best time in course: 38:50

Rank in category: 24(of 24)

Best time in the category: 45:00