



## 8. Werraenergie Pleßlauf

Breitungen / 21.08.2011

### Detailed evaluation

Heller, Detlev

Club: Schweina

Number: 347

Course: 10.50 km

10 km Nordic Walking

Category:

Nordic Walking Männer

Total time: 1:23:19

Speed: 7.20 km/h

Running performance: 7:56 min/km

Rank in course/Total: 1 (of 20)

Rank in course/Men: 1 (of 4)

Best time in course: 1:23:19

Rank in category: 1(of 4)

Best time in the category: 1:23:19