



8. Werraenergie Pleßlauf

Breitungen / 21.08.2011

Detailed evaluation

Heidinger, Lukas

Club: WSV 07 Steinbach

Number: 13

Course: 5.00 km

5 km-Lauf

Category:

männliche Schüler C

Total time: 24:40

Speed: 12.16 km/h

Running performance: 4:56 min/km

Rank in course/Total: 9 (of 33)

Rank in course/Men: 7 (of 21)

Best time in course: 18:16

Rank in category: 2(of 6)

Best time in the category: 23:03