



8. Werraenergie Pleßlauf

Breitungen / 21.08.2011

Detailed evaluation

Beck, Uwe

Club: GST AWE

Number: 24

Course: 5.00 km

5 km-Lauf

Category:

Männer M45

Total time: 25:02

Speed: 11.98 km/h

Running performance: 5:01 min/km

Rank in course/Total: 10 (of 33)

Rank in course/Men: 8 (of 21)

Best time in course: 18:16

Rank in category: 1(of 1)

Best time in the category: 25:02