



8. Werraenergie Pleßlauf

Breitungen / 21.08.2011

Detailed evaluation

Kaiser, Udo

Club: Glücksbrunn Schweina

Number: 23

Course: 5.00 km

5 km-Lauf

Category:

Männer M65

Total time: 26:40

Speed: 11.25 km/h

Running performance: 5:20 min/km

Rank in course/Total: 15 (of 33)

Rank in course/Men: 13 (of 21)

Best time in course: 18:16

Rank in category: 1(of 1)

Best time in the category: 26:40