



## 8. Werraenergie Pleßlauf

Breitungen / 21.08.2011

### Detailed evaluation

**Seidel, Leon**

Club: WSV 07 Steinbach

Number: 21

Course: 5.00 km

5 km-Lauf

Category:

männliche Schüler C

Total time: 27:03

Speed: 11.09 km/h

Running performance: 5:25 min/km

Rank in course/Total: 16 (of 33)

Rank in course/Men: 14 (of 21)

Best time in course: 18:16

Rank in category: 4(of 6)

Best time in the category: 23:03