



## 8. Werraenergie Pleßlauf

Breitungen / 21.08.2011

### Detailed evaluation

**Michel, Sophie**

Club: HSG Werratal

Number: 26

Course: 5.00 km

5 km-Lauf

Category:

weibliche Schüler B

Total time: 29:09

Speed: 10.29 km/h

Running performance: 5:50 min/km

Rank in course/Total: 24 (of 33)

Rank in course/Women: 7 (of 12)

Best time in course: 24:05

Rank in category: 4(of 5)

Best time in the category: 27:38