



8. Werraenergie Pleßlauf

Breitungen / 21.08.2011

Detailed evaluation

Dittmar, Carola

Club: Galerie Hopf Meiningen

Number: 33

Course: 5.00 km

5 km-Lauf

Category:

Frauen W35

Total time: 35:47

Speed: 8.38 km/h

Running performance: 7:10 min/km

Rank in course/Total: 32 (of 33)

Rank in course/Women: 11 (of 12)

Best time in course: 24:05

Rank in category: 1(of 1)

Best time in the category: 35:47