



## 8. Werraenergie Pleßlauf

Breitungen / 21.08.2011

### Detailed evaluation

winkler, jens

Club: Sportteam Steinbach Meiningen

Number: 323

Course: 10.50 km

10,5 km-Lauf

Category:

Männer M40

Total time: 40:50

Speed: 14.69 km/h

Running performance: 3:53 min/km

Rank in course/Total: 4 (of 117)

Rank in course/Men: 4 (of 89)

Best time in course: 38:50

Rank in category: 1(of 11)

Best time in the category: 40:50