



8. Werraenergie Pleßlauf  
Breitungen / 21.08.2011

Detailed evaluation

Heinzel, Elke

Club: Powerteam mit Biss Alea Sanitas  
Number: 358

Course: 10.50 km  
10 km Nordic Walking

Category:  
Nordic Walking Frauen

Total time: 1:44:00

Speed: 5.77 km/h  
Running performance: 9:54 min/km

Rank in course/Total: 16 (of 20)  
Rank in course/Women: 13 (of 16)  
Best time in course: 1:24:07

Rank in category: 13(of 16)  
Best time in the category: 1:24:07