



## 8. Werraenergie Pleßlauf

Breitungen / 21.08.2011

### Detailed evaluation

**Kruhme, Nicole**

Club: SV Schneekopf Gehlberg

Number: 316

Course: 10.50 km

10,5 km-Lauf

Category:

Frauen W20

Total time: 44:25

Speed: 13.51 km/h

Running performance: 4:14 min/km

Rank in course/Total: 7 (of 117)

Rank in course/Women: 1 (of 28)

Best time in course: 44:25

Rank in category: 1(of 2)

Best time in the category: 44:25