



8. Werraenergie Pleßlauf

Breitungen / 21.08.2011

Detailed evaluation

Schrader, Bernd

Club: PSV Meiningen

Number: 279

Course: 10.50 km

10,5 km-Lauf

Category:

Männer M45

Total time: 45:00

Speed: 13.33 km/h

Running performance: 4:17 min/km

Rank in course/Total: 10 (of 117)

Rank in course/Men: 9 (of 89)

Best time in course: 38:50

Rank in category: 1(of 24)

Best time in the category: 45:00