



## 8. Werraenergie Pleßlauf

Breitungen / 21.08.2011

### Detailed evaluation

**Michl, Rene**

Club: Sportteam Steinbach Meiningen

Number: 313

Course: 10.50 km

10,5 km-Lauf

Category:

Männer M35

Total time: 45:24

Speed: 13.22 km/h

Running performance: 4:19 min/km

Rank in course/Total: 12 (of 117)

Rank in course/Men: 11 (of 89)

Best time in course: 38:50

Rank in category: 4(of 10)

Best time in the category: 40:46