



## 8. Werraenergie Pleßlauf

Breitungen / 21.08.2011

### Detailed evaluation

**Ziegler, Sven**

Club: LT Furtwangen

Number: 318

Course: 10.50 km

10,5 km-Lauf

Category:

Männer M35

Total time: 46:42

Speed: 12.85 km/h

Running performance: 4:27 min/km

Rank in course/Total: 16 (of 117)

Rank in course/Men: 15 (of 89)

Best time in course: 38:50

Rank in category: 6(of 10)

Best time in the category: 40:46