



8. Lorsch Triathlon

Lorsch / 28.08.2011

Detailed evaluation

Waraus, Michael

Total time: 1:00:58

Club: Darmstadt

Number: 21

Course: 25.50 km

Rank in course/Total: 7 (of 294)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 7 (of 220)

Best time in course: 58:13

Category:

Rank in category: 1(of 31)

Senioren 2 (TM 45.49)

Best time in the category: 1:00:58

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	8:25	0.00	2	0:26	15	1:14	0.50	8:25	0.00	32		1	-
Schwimmen Total	0.50	8:25												
Rad	20.00	34:42	34.58	1	-	8	1:31	20.50	43:07	27.83	32		1	-
Rad Total	20.00	34:42												
Lauf	5.00	17:51	16.81	3	7:28	16	7:42	25.50	1:00:58	24.60	1	-	7	2:45
Lauf Total	25.00	1:00:58												