



# 8. Lorsch Triathlon

Lorsch / 28.08.2011

## Detailed evaluation

**Kopcak, Erik**

Total time: 1:09:02

Club: MTG Mannheim Triathlon

Number: 9

Course: 25.50 km

Rank in course/Total: 51 (of 294)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 49 (of 220)

Best time in course: 58:13

Category:

Rank in category: 8(of 13)

männl. AK 2 (TM 25-29)

Best time in the category: 59:55

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split km/h	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
				Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Schwimmen	0.50	11:26	0.00	10	3:47	118	4:15	0.50	11:26	0.00	2	1:57	9	3:01
Schwimmen Total	0.50	11:26												
Rad	20.00	37:19	32.16	6	3:07	32	4:08	20.50	48:45	24.62	2	3:06	9	5:38
Rad Total	20.00	37:19												
Lauf	5.00	20:17	14.79	8	3:13	58	10:08	25.50	1:09:02	21.73	8	9:07	54	10:49
Lauf Total	25.00	1:09:02												