



8. Lorsch Triathlon

Lorsch / 28.08.2011

Detailed evaluation

Deuerling, Silke

Total time: 1:35:16

Club: Heddesheim

Number: 86

Course: 25.50 km

Rank in course/Total: 270 (of 294)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 66 (of 74)

Best time in course: 1:03:24

Category:

Rank in category: 18(of 20)

Seniorinnen 1 (TW 40-44)

Best time in the category: 1:13:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos	Behind	Pos	Behind	Total km	Total Time	Total km/h	Pos	Behind	Pos	Behind
				Cat.	Cat.	Women	Women				Cat.	Cat.	Women	Women
Schwimmen	0.50	12:50	0.00	18	3:26	55	5:47	0.50	12:50	0.00	10		75	4:20
Schwimmen Total	0.50	12:50												
Rad	20.00	53:03	22.62	18	13:35	68	17:08	20.50	1:05:53	18.21	10		75	21:28
Rad Total	20.00	53:03												
Lauf	5.00	29:23	10.21	18	10:31	59	10:31	25.50	1:35:16	15.75	18	21:50	66	31:52
Lauf Total	25.00	1:35:16												