



8. Lorsch Triathlon

Lorsch / 28.08.2011

Detailed evaluation

Stapler, Oliver

Total time: 1:15:45

Club: Lorsch

Number: 113

Course: 25.50 km

Rank in course/Total: 121 (of 294)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 111 (of 220)

Best time in course: 58:13

Category:

Rank in category: 19(of 29)

männl. AK 3 (TM 30-34)

Best time in the category: 58:13

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	11:13	0.00	16	3:45	109	4:02	0.50	11:13	0.00	30	1:59	220	2:48
Schwimmen Total	0.50	11:13												
Rad	20.00	40:50	29.39	16	7:12	99	7:39	20.50	52:03	23.05	30	7:25	219	8:56
Rad Total	20.00	40:50												
Lauf	5.00	23:42	12.66	23	11:43	139	13:33	25.50	1:15:45	19.80	20	17:32	119	17:32
Lauf Total	25.00	1:15:45												