



8. Lorsch Triathlon

Lorsch / 28.08.2011

Detailed evaluation

Kipper, Gisela

Total time: 1:17:12

Club: Ludwugshafener SV 07

Number: 142

Course: 25.50 km

Rank in course/Total: 133 (of 294)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 11 (of 74)

Best time in course: 1:03:24

Category:

Rank in category: 2(of 9)

Seniorinnen 3 (TW 50-54)

Best time in the category: 1:12:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.50	11:12	0.00	3	1:48	22	4:09	0.50	11:12	0.00	10	0:04	75	2:42
Schwimmen Total	0.50	11:12												
Rad	20.00	44:03	27.24	2	5:16	24	8:08	20.50	55:15	21.72	10		75	10:50
Rad Total	20.00	44:03												
Lauf	5.00	21:57	13.67	1	-	7	3:05	25.50	1:17:12	19.43	2	4:19	11	13:48
Lauf Total	25.00	1:17:12												