



8. Lorsch Triathlon

Lorsch / 28.08.2011

Detailed evaluation

Staudt, Anja

Total time: 1:18:17

Club: Skiclub Viernheim

Number: 125

Course: 25.50 km

Rank in course/Total: 144 (of 294)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 13 (of 74)

Best time in course: 1:03:24

Category:

Rank in category: 2(of 12)

weibl. AK 3 (TW 30-34)

Best time in the category: 1:13:09

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.50	11:05	0.00	2	0:24	19	4:02	0.50	11:05	0.00	13		75	2:35
Schwimmen Total	0.50	11:05												
Rad	20.00	41:30	28.92	2	1:00	12	5:35	20.50	52:35	22.82	13	0:42	75	8:10
Rad Total	20.00	41:30												
Lauf	5.00	25:42	11.67	6	4:26	36	6:50	25.50	1:18:17	19.16	2	5:08	13	14:53
Lauf Total	25.00	1:18:17												