



8. Lorsch Triathlon

Lorsch / 28.08.2011

Detailed evaluation

Dexler, Stefan

Total time: 1:09:49

Club: Running Bulls Bensheim

Number: 36

Course: 25.50 km

Rank in course/Total: 54 (of 294)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 52 (of 220)

Best time in course: 58:13

Category:

Rank in category: 13(of 29)

männl. AK 3 (TM 30-34)

Best time in the category: 58:13

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	11:46	0.00	21	4:18	135	4:35	0.50	11:46	0.00	30	2:32	10	3:21
Schwimmen Total	0.50	11:46												
Rad	20.00	38:34	31.11	13	4:56	53	5:23	20.50	50:20	23.84	30	5:42	10	7:13
Rad Total	20.00	38:34												
Lauf	5.00	19:29	15.40	7	7:30	40	9:20	25.50	1:09:49	21.48	13	11:36	58	11:36
Lauf Total	25.00	1:09:49												