



# 8. Lorsch Triathlon

Lorsch / 28.08.2011

## Detailed evaluation

**Havemann, Birgitta**

**Total time: 1:19:55**

Club: TV Schriesheim

Number: 138

Course: 25.50 km

Rank in course/Total: 167 (of 294)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 21 (of 74)

Best time in course: 1:03:24

Category:

Rank in category: 4(of 10)

Seniorinnen 2 TW 45-49)

Best time in the category: 1:12:55

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.50	12:35	0.00	6	4:17	51	5:32	0.50	12:35	0.00	11	4:17	75	4:05
Schwimmen Total	0.50	12:35												
Rad	20.00	43:32	27.57	5	4:43	21	7:37	20.50	56:07	21.38	11	4:30	75	11:42
Rad Total	20.00	43:32												
Lauf	5.00	23:48	12.61	3	0:57	21	4:56	25.50	1:19:55	18.77	4	7:00	21	16:31
Lauf Total	25.00	1:19:55												