



8. Lorsch Triathlon

Lorsch / 28.08.2011

Detailed evaluation

Dittmar, Sandra

Total time: 1:41:40

Club: Hemsbach

Number: 74

Course: 25.50 km

Rank in course/Total: 278 (of 294)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 72 (of 74)

Best time in course: 1:03:24

Category:

Rank in category: 8(of 8)

weibl. AK 2 (TW 25-29)

Best time in the category: 1:18:36

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Women	Cat.	Women				Cat.	Women	Cat.	Women
Schwimmen	0.50	13:48	0.00	7	5:09	68	6:45	0.50	13:48	0.00	6	4:35	75	5:18
Schwimmen Total	0.50	13:48												
Rad	20.00	57:24	20.91	8	12:48	71	21:29	20.50	1:11:12	16.85	6	16:37	75	26:47
Rad Total	20.00	57:24												
Lauf	5.00	30:28	9.85	7	7:32	65	11:36	25.50	1:41:40	14.75	8	23:04	72	38:16
Lauf Total	25.00	1:41:40												