



# 8. Lorsch Triathlon

Lorsch / 28.08.2011

## Detailed evaluation

**Ruhs, Mirko**

**Total time: 1:02:28**

Club: SC H

Number: 167

Rank in course/Total: 13 (of 294)

Rank in course/Men: 13 (of 220)

Best time in course: 58:13

Enduro E Bike

Category:

Rank in category: 3(of 35)

männl. AK 4 (TM 35-39)

Best time in the category: 59:10

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total km/h	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Schwimmen	0.50	9:19	0.00	9	2:08	39	2:08	0.50	9:19	0.00	36		220	0:54
Schwimmen Total	0.50	9:19												
Rad	20.00	35:09	34.14	2	1:58	12	1:58	20.50	44:28	26.99	36		219	1:21
Rad Total	20.00	35:09												
Lauf	5.00	18:00	16.67	3	0:27	19	7:51	-	1:02:28	-	3	3:18	14	4:15
Lauf Total	0.00	1:02:28												