



8. Lorsch Triathlon

Lorsch / 28.08.2011

Detailed evaluation

Oelkers, Denise

Total time: 1:24:40

Club: Hofheim

Number: 134

Course: 25.50 km

Rank in course/Total: 216 (of 294)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 42 (of 74)

Best time in course: 1:03:24

Category:

Rank in category: 6(of 12)

weibl. AK 3 (TW 30-34)

Best time in the category: 1:13:09

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Women	Cat.	Women				Cat.	Women	Cat.	Women
Schwimmen	0.50	12:02	0.00	7	1:21	43	4:59	0.50	12:02	0.00	13	0:39	75	3:32
Schwimmen Total	0.50	12:02												
Rad	20.00	48:55	24.53	10	8:25	55	13:00	20.50	1:00:57	19.69	13	9:04	75	16:32
Rad Total	20.00	48:55												
Lauf	5.00	23:43	12.65	3	2:27	20	4:51	25.50	1:24:40	17.72	6	11:31	42	21:16
Lauf Total	25.00	1:24:40												