



8. Lorsch Triathlon

Lorsch / 28.08.2011

Detailed evaluation

Faust, Christian

Total time: 1:05:31

Club: SC Heppenheim

Number: 165

Course: 25.50 km

Rank in course/Total: 28 (of 294)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 26 (of 220)

Best time in course: 58:13

Category:

Rank in category: 6(of 35)

männl. AK 4 (TM 35-39)

Best time in the category: 59:10

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|------------|-------------|-------------|---------|------------|---------------|------------|------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split km/h | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total km/h | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Schwimmen | 0.50 | 8:00 | 0.00 | 3 | 0:49 | 11 | 0:49 | 0.50 | 8:00 | 0.00 | 36 | | 220 | |
| Schwimmen Total | 0.50 | 8:00 | | | | | | | | | | | | |
| Rad | 20.00 | 37:23 | 32.10 | 8 | 4:12 | 35 | 4:12 | 20.50 | 45:23 | 26.44 | 36 | | 219 | 2:16 |
| Rad Total | 20.00 | 37:23 | | | | | | | | | | | | |
| Lauf | 5.00 | 20:08 | 14.90 | 11 | 2:35 | 54 | 9:59 | 25.50 | 1:05:31 | 22.89 | 6 | 6:21 | 29 | 7:18 |
| Lauf Total | 25.00 | 1:05:31 | | | | | | | | | | | | |