



# 8. Lorsch Triathlon

Lorsch / 28.08.2011

## Detailed evaluation

**Faust, Christian**

Club: SC Heppenheim

Number: 165

Course: 25.50 km

Lorsch Triathlon 0,5-20-5

Category:

männl. AK 4 (TM 35-39)

**Total time: 1:05:31**

Rank in course/Total: 28 (of 294)

Rank in course/Men: 26 (of 220)

Best time in course: 58:13

Rank in category: 6(of 35)

Best time in the category: 59:10

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	8:00	0.00	3	0:49	11	0:49	0.50	8:00	0.00	36		220	
Schwimmen Total	0.50	8:00												
Rad	20.00	37:23	32.10	8	4:12	35	4:12	20.50	45:23	26.44	36		219	2:16
Rad Total	20.00	37:23												
Lauf	5.00	20:08	14.90	11	2:35	54	9:59	25.50	1:05:31	22.89	6	6:21	29	7:18
Lauf Total	25.00	1:05:31												