



# 8. Lorsch Triathlon

Lorsch / 28.08.2011

## Detailed evaluation

Uhrig, Kai

Total time: 1:06:40

Club: Bad König

Number: 182

Course: 25.50 km

Rank in course/Total: 33 (of 294)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 32 (of 220)

Best time in course: 58:13

Category:

Rank in category: 6(of 45)

Senioren 1 (TM 40-44)

Best time in the category: 1:00:11

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	9:18	0.00	9	1:44	38	2:07	0.50	9:18	0.00	46		220	0:53
Schwimmen Total	0.50	9:18												
Rad	20.00	37:31	31.99	9	4:12	37	4:20	20.50	46:49	25.63	46		219	3:42
Rad Total	20.00	37:31												
Lauf	5.00	19:51	15.11	10	9:42	49	9:42	25.50	1:06:40	22.50	7	6:29	37	8:27
Lauf Total	25.00	1:06:40												