



8. Lorsch Triathlon

Lorsch / 28.08.2011

Detailed evaluation

Stapler, Wolfgang

Total time: 1:28:46

Club: Lorsch

Number: 116

Course: 25.50 km

Rank in course/Total: 242 (of 294)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 187 (of 220)

Best time in course: 58:13

Category:

Rank in category: 4(of 7)

Senioren 5 (TM 60-64)

Best time in the category: 1:16:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	14:58	0.00	6	4:43	209	7:47	0.50	14:58	0.00	8	4:43	220	6:33
Schwimmen Total	0.50	14:58												
Rad	20.00	45:39	26.29	3	6:51	174	12:28	20.50	1:00:37	19.80	8	11:34	219	17:30
Rad Total	20.00	45:39												
Lauf	5.00	28:09	10.66	6	4:30	196	18:00	25.50	1:28:46	16.90	4	12:24	196	30:33
Lauf Total	25.00	1:28:46												