



8. Lorsch Triathlon

Lorsch / 28.08.2011

Detailed evaluation

Schreck, Thomas

Total time: 1:14:45

Club: wg-runners

Number: 171

Course: 25.50 km

Rank in course/Total: 112 (of 294)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 103 (of 220)

Best time in course: 58:13

Category:

Rank in category: 5(of 15)

Senioren 4 (TM 55-59)

Best time in the category: 1:01:57

Intermediate times

Stage score

Total ranking

Control	Split		Split km/h	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
	km	Time				Pos Men	Behind Men							
Schwimmen	0.50	11:35	0.00	7	3:25	129	4:24	0.50	11:35	0.00	16	2:07	220	3:10
Schwimmen Total	0.50	11:35												
Rad	20.00	41:27	28.95	4	6:48	113	8:16	20.50	53:02	22.63	3	3:44	26	9:55
Rad Total	20.00	41:27												
Lauf	5.00	21:43	13.81	4	2:35	87	11:34	25.50	1:14:45	20.07	5	12:48	111	16:32
Lauf Total	25.00	1:14:45												