



8. Lorsch Triathlon

Lorsch / 28.08.2011

Detailed evaluation

Ritzmann, Uwe

Total time: 1:16:09

Club: Heidelberg

Number: 187

Course: 25.50 km

Rank in course/Total: 125 (of 294)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 115 (of 220)

Best time in course: 58:13

Category:

Rank in category: 16(of 31)

Senioren 2 (TM 45.49)

Best time in the category: 1:00:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	12:50	0.00	24	4:51	171	5:39	0.50	12:50	0.00	32		220	4:25
Schwimmen Total	0.50	12:50												
Rad	20.00	41:13	29.11	15	6:31	106	8:02	20.50	54:03	22.20	32		219	10:56
Rad Total	20.00	41:13												
Lauf	5.00	22:06	13.57	14	11:43	98	11:57	25.50	1:16:09	19.70	18	15:11	123	17:56
Lauf Total	25.00	1:16:09												