



8. Lorsch Triathlon

Lorsch / 28.08.2011

Detailed evaluation

Derst, Andreas

Total time: 1:19:41

Club: Lorsch

Number: 175

Course: 25.50 km

Rank in course/Total: 164 (of 294)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 145 (of 220)

Best time in course: 58:13

Category:

Rank in category: 24(of 29)

männl. AK 3 (TM 30-34)

Best time in the category: 58:13

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split km/h | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total km/h | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
|-----------------|-------------|---------------|---------------|-------------|----------------|------------|---------------|-------------|---------------|---------------|-------------|----------------|------------|---------------|
| | | | | | | | | | | | | | | |
| Schwimmen | 0.50 | 12:49 | 0.00 | 24 | 5:21 | 169 | 5:38 | 0.50 | 12:49 | 0.00 | 30 | 3:35 | 220 | 4:24 |
| Schwimmen Total | 0.50 | 12:49 | | | | | | | | | | | | |
| Rad | 20.00 | 43:00 | 27.91 | 21 | 9:22 | 142 | 9:49 | 20.50 | 55:49 | 21.50 | 30 | 11:11 | 219 | 12:42 |
| Rad Total | 20.00 | 43:00 | | | | | | | | | | | | |
| Lauf | 5.00 | 23:52 | 12.57 | 25 | 11:53 | 143 | 13:43 | 25.50 | 1:19:41 | 18.82 | 26 | 21:28 | 154 | 21:28 |
| Lauf Total | 25.00 | 1:19:41 | | | | | | | | | | | | |