



8. Lorsch Triathlon

Lorsch / 28.08.2011

Detailed evaluation

Schneider, Frank

Total time: 1:12:15

Club: Nidderau

Number: 45

Course: 25.50 km

Rank in course/Total: 68 (of 294)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 66 (of 220)

Best time in course: 58:13

Category:

Rank in category: 13(of 45)

Senioren 1 (TM 40-44)

Best time in the category: 1:00:11

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	10:01	0.00	15	2:27	64	2:50	0.50	10:01	0.00	46		4	1:36
Schwimmen Total	0.50	10:01												
Rad	20.00	37:48	31.75	10	4:29	43	4:37	20.50	47:49	25.10	46		15	4:42
Rad Total	20.00	37:48												
Lauf	5.00	24:26	12.28	34	14:17	156	14:17	25.50	1:12:15	20.76	14	12:04	73	14:02
Lauf Total	25.00	1:12:15												