



8. Lorsch Triathlon

Lorsch / 28.08.2011

Detailed evaluation

Greminger, Frank

Total time: 1:03:52

Club: Lorsch

Number: 216

Course: 25.50 km

Rank in course/Total: 19 (of 294)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 18 (of 220)

Best time in course: 58:13

Category:

Rank in category: 5(of 45)

Senioren 1 (TM 40-44)

Best time in the category: 1:00:11

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	8:53	0.00	7	1:19	28	1:42	0.50	8:53	0.00	46		220	0:28
Schwimmen Total	0.50	8:53												
Rad	20.00	35:18	33.99	5	1:59	14	2:07	20.50	44:11	27.16	46		219	1:04
Rad Total	20.00	35:18												
Lauf	5.00	19:41	15.24	9	9:32	47	9:32	25.50	1:03:52	23.49	6	3:41	20	5:39
Lauf Total	25.00	1:03:52												