



8. Lorscher Triathlon

Lorsch / 28.08.2011

Detailed evaluation

Hilsheimer, Mirko

Total time: 1:12:28

Club: Weinheim

Number: 225

Course: 25.50 km

Rank in course/Total: 71 (of 294)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 69 (of 220)

Best time in course: 58:13

Category:

Rank in category: 16(of 35)

männl. AK 4 (TM 35-39)

Best time in the category: 59:10

Intermediate times

Stage score

Total ranking

Control	Split		Split km/h	Pos Cat.	Behind Cat.	Pos		Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
	km	Time				Men	Men								
Schwimmen	0.50	9:39	0.00	11	2:28	51	2:28		0.50	9:39	0.00	36		220	1:14
Schwimmen Total	0.50	9:39													
Rad	20.00	41:07	29.19	22	7:56	105	7:56		20.50	50:46	23.64	36		219	7:39
Rad Total	20.00	41:07													
Lauf	5.00	21:42	13.82	18	4:09	84	11:33		25.50	1:12:28	20.70	16	13:18	76	14:15
Lauf Total	25.00	1:12:28													