



8. Lorsch Triathlon

Lorsch / 28.08.2011

Detailed evaluation

Deppert, Hans-Jürgen

Total time: 1:14:15

Club: Bensheim

Number: 218

Course: 25.50 km

Rank in course/Total: 101 (of 294)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 95 (of 220)

Best time in course: 58:13

Category:

Rank in category: 23(of 35)

männl. AK 4 (TM 35-39)

Best time in the category: 59:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	9:07	0.00	7	1:56	34	1:56	0.50	9:07	0.00	36		220	0:42
Schwimmen Total	0.50	9:07												
Rad	20.00	40:28	29.65	19	7:17	88	7:17	20.50	49:35	24.20	36		219	6:28
Rad Total	20.00	40:28												
Lauf	5.00	24:40	12.16	27	7:07	159	14:31	25.50	1:14:15	20.20	23	15:05	103	16:02
Lauf Total	25.00	1:14:15												