



8. Lorsch Triathlon

Lorsch / 28.08.2011

Detailed evaluation

Pörner, Frank

Total time: 1:15:42

Club: Team Erdinger

Number: 233

Course: 25.50 km

Rank in course/Total: 120 (of 294)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 110 (of 220)

Best time in course: 58:13

Category:

Rank in category: 15(of 31)

Senioren 2 (TM 45.49)

Best time in the category: 1:00:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	10:50	0.00	13	2:51	96	3:39	0.50	10:50	0.00	32		220	2:25
Schwimmen Total	0.50	10:50												
Rad	20.00	41:47	28.72	17	7:05	119	8:36	20.50	52:37	22.81	32		219	9:30
Rad Total	20.00	41:47												
Lauf	5.00	23:05	13.00	18	12:42	125	12:56	25.50	1:15:42	19.82	17	14:44	118	17:29
Lauf Total	25.00	1:15:42												