



8. Lorsch Triathlon

Lorsch / 28.08.2011

Detailed evaluation

Sippel, Christoph

Total time: 1:16:14

Club: BASF Werkfeuerwehr

Number: 229

Course: 25.50 km

Rank in course/Total: 127 (of 294)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 117 (of 220)

Best time in course: 58:13

Category:

Rank in category: 4(of 9)

männl. AK 1 (TM 20-24)

Best time in the category: 1:06:53

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	10:35	0.00	3	1:33	89	3:24	0.50	10:35	0.00	9	1:13	220	2:10
Schwimmen Total	0.50	10:35												
Rad	20.00	40:42	29.48	4	1:15	96	7:31	20.50	51:17	23.40	10	1:33	219	8:10
Rad Total	20.00	40:42												
Lauf	5.00	24:57	12.02	8	6:33	164	14:48	25.50	1:16:14	19.68	5	9:21	125	18:01
Lauf Total	25.00	1:16:14												