



# 8. Lorsch Triathlon

Lorsch / 28.08.2011

## Detailed evaluation

**Gansloser, Thilo**

**Total time: 1:16:31**

Club: TSV Amicitia Viernheim

Number: 195

Course: 25.50 km

Rank in course/Total: 131 (of 294)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 121 (of 220)

Best time in course: 58:13

Category:

Rank in category: 26(of 35)

männl. AK 4 (TM 35-39)

Best time in the category: 59:10

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	9:17	0.00	8	2:06	37	2:06	0.50	9:17	0.00	36		220	0:52
Schwimmen Total	0.50	9:17												
Rad	20.00	39:10	30.64	13	5:59	64	5:59	20.50	48:27	24.77	36		219	5:20
Rad Total	20.00	39:10												
Lauf	5.00	28:04	10.69	33	10:31	195	17:55	25.50	1:16:31	19.60	26	17:21	130	18:18
Lauf Total	25.00	1:16:31												