



8. Lorsch Triathlon

Lorsch / 28.08.2011

Detailed evaluation

Höhn, Daniel

Total time: 58:13

Club: TV Rodenbach

Number: 279

Course: 25.50 km

Rank in course/Total: 1 (of 294)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 1 (of 220)

Best time in course: 58:13

Category:

Rank in category: 1(of 29)

männl. AK 3 (TM 30-34)

Best time in the category: 58:13

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	7:28	0.00	1	-	2	0:17	0.50	7:28	0.00	19			220
Schwimmen Total	0.50	7:28												
Rad	20.00	33:38	35.68	1	-	3	0:27	20.50	41:06	29.20	19			219
Rad Total	20.00	33:38												
Lauf	5.00	17:07	17.53	4	5:08	11	6:58	25.50	58:13	25.77	1	-	1	-
Lauf Total	25.00	58:13												