



# 8. Lorsch Triathlon

Lorsch / 28.08.2011

## Detailed evaluation

**Sippel, Manfred**

**Total time: 1:18:56**

Club: BASF Werkfeuerwehr

Number: 228

Course: 25.50 km

Rank in course/Total: 153 (of 294)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 138 (of 220)

Best time in course: 58:13

Category:

Rank in category: 8(of 15)

Senioren 4 (TM 55-59)

Best time in the category: 1:01:57

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	14:07	0.00	14	5:57	199	6:56	0.50	14:07	0.00	16	4:39	220	5:42
Schwimmen Total	0.50	14:07												
Rad	20.00	42:21	28.34	7	7:42	129	9:10	20.50	56:28	21.25	15	7:10	219	13:21
Rad Total	20.00	42:21												
Lauf	5.00	22:28	13.35	6	3:20	106	12:19	25.50	1:18:56	19.00	8	16:59	147	20:43
Lauf Total	25.00	1:18:56												