



8. Lorsch Triathlon

Lorsch / 28.08.2011

Detailed evaluation

Mittelberger, Sven

Total time: 1:19:32

Club: Bensheim

Number: 210

Course: 25.50 km

Rank in course/Total: 162 (of 294)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 144 (of 220)

Best time in course: 58:13

Category:

Rank in category: 23(of 29)

männl. AK 3 (TM 30-34)

Best time in the category: 58:13

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	13:00	0.00	25	5:32	175	5:49	0.50	13:00	0.00	30	3:46	220	4:35
Schwimmen Total	0.50	13:00												
Rad	20.00	41:55	28.63	18	8:17	123	8:44	20.50	54:55	21.85	30	10:17	219	11:48
Rad Total	20.00	41:55												
Lauf	5.00	24:37	12.19	27	12:38	158	14:28	25.50	1:19:32	18.86	25	21:19	153	21:19
Lauf Total	25.00	1:19:32												