



8. Lorsch Triathlon

Lorsch / 28.08.2011

Detailed evaluation

Forell, Michael

Total time: 1:23:42

Club: Lorsch

Number: 200

Course: 25.50 km

Rank in course/Total: 210 (of 294)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 172 (of 220)

Best time in course: 58:13

Category:

Rank in category: 33(of 35)

männl. AK 4 (TM 35-39)

Best time in the category: 59:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	12:59	0.00	31	5:48	174	5:48	0.50	12:59	0.00	36	0:29	220	4:34
Schwimmen Total	0.50	12:59												
Rad	20.00	41:55	28.63	27	8:44	123	8:44	20.50	54:54	21.86	36		219	11:47
Rad Total	20.00	41:55												
Lauf	5.00	28:48	10.42	34	11:15	204	18:39	25.50	1:23:42	17.92	33	24:32	181	25:29
Lauf Total	25.00	1:23:42												