



8. Lorsch Triathlon

Lorsch / 28.08.2011

Detailed evaluation

Heidecker, Klaus

Total time: 1:43:42

Club: TV 1877 Waldhof

Number: 161

Course: 25.50 km

Rank in course/Total: 283 (of 294)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 209 (of 220)

Best time in course: 58:13

Category:

Rank in category: 22(of 25)

Senioren 3 (TM 50-54)

Best time in the category: 1:06:05

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	13:48	0.00	23	5:55	192	6:37	0.50	13:48	0.00	8	1:22	220	5:23
Schwimmen Total	0.50	13:48												
Rad	20.00	50:56	23.56	24	13:46	206	17:45	20.50	1:04:44	18.54	8	7:46	219	21:37
Rad Total	20.00	50:56												
Lauf	5.00	38:58	7.70	25	27:34	218	28:49	25.50	1:43:42	14.46	25	38:07	218	45:29
Lauf Total	25.00	1:43:42												