



8. Lorsch Triathlon

Lorsch / 28.08.2011

Detailed evaluation

Werner, Torsten

Total time: 1:02:53

Club: Heppenheim

Number: 255

Course: 25.50 km

Rank in course/Total: 16 (of 294)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 16 (of 220)

Best time in course: 58:13

Category:

Rank in category: 4(of 45)

Senioren 1 (TM 40-44)

Best time in the category: 1:00:11

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	8:11	0.00	3	0:37	14	1:00	0.50	8:11	0.00	12		220	
Schwimmen Total	0.50	8:11												
Rad	20.00	35:04	34.22	4	1:45	10	1:53	20.50	43:15	27.75	12		219	0:08
Rad Total	20.00	35:04												
Lauf	5.00	19:38	15.28	8	9:29	45	9:29	25.50	1:02:53	23.85	4	2:42	17	4:40
Lauf Total	25.00	1:02:53												