



8. Lorsch Triathlon

Lorsch / 28.08.2011

Detailed evaluation

Reichstein, Volker

Total time: 1:05:00

Club: SSG Bensheim

Number: 254

Course: 25.50 km

Rank in course/Total: 23 (of 294)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 22 (of 220)

Best time in course: 58:13

Category:

Rank in category: 5(of 29)

männl. AK 3 (TM 30-34)

Best time in the category: 58:13

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|------------|-------------|-------------|---------|------------|---------------|------------|------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split km/h | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total km/h | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Schwimmen | 0.50 | 9:14 | 0.00 | 9 | 1:46 | 35 | 2:03 | 0.50 | 9:14 | 0.00 | 1 | - | 220 | 0:49 |
| Schwimmen Total | 0.50 | 9:14 | | | | | | | | | | | | |
| Rad | 20.00 | 35:24 | 33.90 | 3 | 1:46 | 15 | 2:13 | 20.50 | 44:38 | 26.89 | 1 | - | 219 | 1:31 |
| Rad Total | 20.00 | 35:24 | | | | | | | | | | | | |
| Lauf | 5.00 | 20:22 | 14.73 | 10 | 8:23 | 60 | 10:13 | 25.50 | 1:05:00 | 23.08 | 5 | 6:47 | 25 | 6:47 |
| Lauf Total | 25.00 | 1:05:00 | | | | | | | | | | | | |