



8. Lorsch Triathlon

Lorsch / 28.08.2011

Detailed evaluation

Kies, Thorsten

Total time: 1:04:04

Club: TTV Topspin Lorsch

Number: 19

Course: 25.50 km

Rank in course/Total: 20 (of 294)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 19 (of 220)

Best time in course: 58:13

Category:

Rank in category: 4(of 13)

männl. AK 2 (TM 25-29)

Best time in the category: 59:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	9:29	0.00	3	1:50	47	2:18	0.50	9:29	0.00	1	-	2	1:04
Schwimmen Total	0.50	9:29												
Rad	20.00	36:10	33.18	5	1:58	23	2:59	20.50	45:39	26.29	1	-	2	2:32
Rad Total	20.00	36:10												
Lauf	5.00	18:25	16.29	5	1:21	25	8:16	25.50	1:04:04	23.41	4	4:09	21	5:51
Lauf Total	25.00	1:04:04												