



# 8. Lorsch Triathlon

Lorsch / 28.08.2011

## Detailed evaluation

Riffel, Marc

Total time: 1:14:26

Club: Schönau Supersonics

Number: 47

Course: 25.50 km

Rank in course/Total: 107 (of 294)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 101 (of 220)

Best time in course: 58:13

Category:

Rank in category: 24(of 35)

männl. AK 4 (TM 35-39)

Best time in the category: 59:10

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	9:28	0.00	10	2:17	45	2:17	0.50	9:28	0.00	36		12	1:03
Schwimmen Total	0.50	9:28												
Rad	20.00	41:15	29.09	23	8:04	108	8:04	20.50	50:43	23.66	36		19	7:36
Rad Total	20.00	41:15												
Lauf	5.00	23:43	12.65	26	6:10	141	13:34	25.50	1:14:26	20.15	24	15:16	109	16:13
Lauf Total	25.00	1:14:26												